

# The Promotion and Implementation of Community Mental Health Support in the Philippines

**Background and Needs:** In the Philippines, there is a growing emphasis on community mental health care, but professional support is underdeveloped and appropriate support is not provided.

**Objective:** To disseminate systems and programs related to community mental health support cultivated in Japan through training, field trips, and information exchange among community support practitioners

**Summary:** NCNP's Community Mental Health and Legal Systems Research Division, in collaboration with the Department of Health of the Philippines and professional associations and supporter organizations, will invite trainees to Japan to conduct training on knowledge transfer, dissemination/implementation of direct services such as system construction, case management, psychoeducation, and low-intensity cognitive behavioral therapy.

**Expected outcomes and subsequent ripple effects:**

The NCNP Regional Mental Health and Legal System Research Department and the Tokorozawa City Outreach Support Team will conduct a one-week training program on community mental health promotion in Japan in collaboration with the Department of Health of the Philippines and local supporter organizations and will develop a web-based platform to support implementation after returning to Japan. Field surveys on the needs and feasibility of implementation in the Philippines will be conducted in August-September, training in Japan reflecting the knowledge gained from field surveys will be conducted in January 2025, and platform operation will be launched by February 2025.

