

## Development of Human Resource for Clinical Sleep Medicine in Mongolia

- Life expectancy in Mongolia is shorter than in Japan and diseases such as cardiac disorders, respiratory disorders, and diabetes are causing death. Obstructive sleep apnea (OSA) is closely related to these disorders, therefore, treatment of OSA is very important.
- In this project, Center for Sleep Medicine, Ehime University Hospital, a certified sleep medicine facility and Koike Medical Ltd. who developed the first Japan made CPAP device work together to make clinical training at medical facilities in Mongolia; General Hospital for State Special Servants, First National Hospital, Mongolian Academy of Medical Sciences and Mongolian Neurological Society.
- We expect to expand sleep medicine in Mongolia by establishing total care model with sleep examination and sleep clinic in the first Mongolian sleep center at General Hospital for State Special Servants.

