

# Project to support regional collaboration with telemedicine and strengthen team medicine for a stroke center in northern Vietnam

- In Vietnam, non-communicable diseases account for 70% of deaths due to changes in lifestyle caused by the recent remarkable economic development. The leading cause is stroke, which kills about 100,000 people every year.
- Since 2015, NCGM has been working with Bac Mai Hospital (BMH) to introduce team medicine for stroke patients, establishing a patient registration system, developing swallowing assessment methods, conducting early rehabilitation, and introducing swallowing food with thickening agents. In November 2020, BMH established a stroke center and introduced inter- and intra-hospital collaboration software by a Japanese company. This year, the software will be used to support regional collaboration and strengthen team medicine by applying telemedicine.
- Expected results
  - Result 1: The Stroke Centers at NCGM and BMH will hold online meetings to review the approach for stroke patients at BMH by December 2021.
  - Result 2: The Stroke Centers at NCGM and BMH will hold online meetings to determine the clinical indicators that will be commonly utilized by the entire team by December 2021.

